

## \$0 copay for mental health Virtual Visits

Beginning July 1, 2021, mental health Virtual Visits through **Doctor on Demand**® and **MDLIVE**® will be covered at 100% if you are enrolled in HealthSelect of Texas, HealthSelect<sup>SM</sup> Out-of-State or HealthSelect<sup>SM</sup> Secondary. This means you will pay nothing for medical and mental health Virtual Visits.

If you are enrolled in Consumer Directed HealthSelect<sup>SM</sup>, you must meet your annual deductible before medical and mental health Virtual Visits are covered. After you meet your deductible, you will pay 20% coinsurance.

## Welcome HMO participants to HealthSelect of Texas

Health maintenance organization (HMO) plans will no longer be offered after September 1, 2021.

All HMO participants who do not have Medicare as their primary insurer will be automatically enrolled in HealthSelect of Texas beginning September 1, 2021. HMO participants also have the option to choose Consumer Directed HealthSelect or waive GBP health coverage during their agency or higher-education institution's Summer Enrollment phase.

## Learn More

Learn more about these benefit changes and other plan benefits by viewing the 2021 Summer Enrollment Guide at [healthselectoftexas.com](http://healthselectoftexas.com).



## Diagnostic A1c lab test benefit

Effective September 1, 2021, Consumer Directed HealthSelect and HealthSelect Secondary plan participants will no longer need to meet their annual deductible before in-network diagnostic A1c testing for diabetes is covered. Coinsurance will still apply.

Because there is no in-network deductible for HealthSelect of Texas and HealthSelect Out-of-State, there is no change to these plans. In-network preventive A1c testing will still be covered at no cost to you.

## Annual out-of-pocket maximum

Effective January 1, 2022, the total in-network annual out-of-pocket maximum will increase for all HealthSelect plans, including Consumer Directed HealthSelect. The out-of-pocket maximum will increase to \$7,000 for employee-only coverage and \$14,000 for family coverage. The out-of-pocket maximum includes expenses you pay toward medical and prescription drug copays, coinsurance and deductibles, if your plan has one.

## Call a BCBSTX Personal Health Assistant

Whether you have been enrolled in a HealthSelect plan or are coming to us this year from another plan, if you have questions, call a BCBSTX Personal Health Assistant toll-free at **(800) 252-8039 (TTY: 711)**, Monday – Friday, 7 a.m. – 7 p.m. and Saturday, 7 a.m. – 3 p.m. CT.

MDLIVE a separate company, and Doctor on Demand an independent company, has contracted with BlueCross and Blue Shield of Texas to administer the Virtual Visits programs for members of BCBSTX. These third-party vendors are solely responsible for their operations and its contracted providers MDLIVE is solely responsible for its operations and for those of its contracted providers.

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Blue Cross and Blue Shield of Texas is not the administrator of pharmacy benefits. Please contact your employer for information. Blue Cross and Blue Shield of Texas is the third-party administrator for HealthSelect of Texas® and Consumer Directed HealthSelect<sup>SM</sup>.

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