



CONNECT with your HEALTH



2021 FALL ENROLLMENT

Plan Year 2022 for HealthSelectSM Secondary
begins on January 1, 2022, and runs
through December 31, 2022

HealthSelectSM
of Texas

CONSUMER DIRECTED
HealthSelectSM




BlueCross BlueShield
of Texas



Plan Updates

- \$0 Copay for mental health Virtual Visits
- Change to out-of-pocket maximums
- Hemoglobin A1C lab test



HealthSelect Secondary Basics

HealthSelect Pays for Services after Medicare

- Who is eligible?
- Coordination of Benefits
- \$200 deductible per person, \$600 per family
- Preventive services are covered at 100%
- You do not need to have a primary care provider (PCP) on file with Blue Cross and Blue Shield of Texas
- You do not need referrals or prior authorizations

Visit **www.Medicare.gov** to locate a provider



BCBSTX Personal Health Assistants

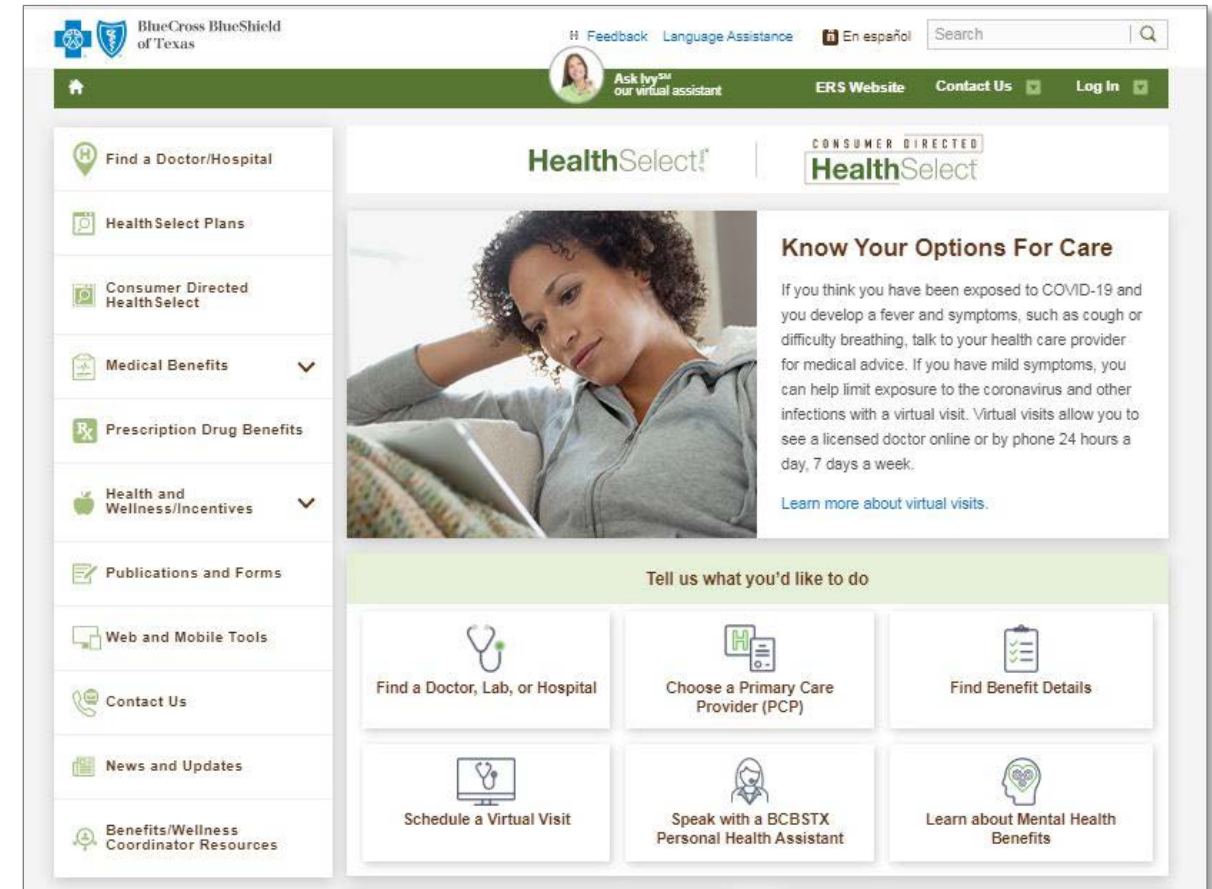
For questions and help with:

- Locating in-network providers
- Accessing Virtual Visits and other covered health services
- Scheduling appointments
- Understanding additional resources like web and mobile tools
- Connecting you to a BCBSTX clinician for help with a new or existing diagnosis

Call toll-free: **(800) 252-8039 (TTY: 711)**
Monday–Friday: 7 a.m. - 7 p.m.
Saturday: 7 a.m. - 3 p.m. CT

Website for HealthSelectSM Participants

- Find a provider
- Get plan information
- Get the latest news and updates
- Learn about health and wellness resources
- Download forms, documents and educational materials



www.healthselectoftexas.com

Participant Portal

Blue Access for MembersSM:

- View your claims and download Coordination of Benefits Summaries
- Find in-network health providers and hospitals
- Download a temporary medical ID card



www.healthselectoftexas.com



Care Management Program

Clinicians can talk with you in confidence about your medical and mental health situation including:

- New diagnoses
- Managing existing health conditions
- Understanding procedures or hospital stays
- Considering residential treatment
- Following treatment plans
- Available health and wellness resources



Virtual Visits

You have two options to choose from for medical and mental health Virtual Visits.



MDLIVE®
mdlive.com/healthselect
(800) 770-4622



Doctor On Demand®
doctorondemand.com
(800) 997-6196

Well onTarget®

- Online wellness portal
- Offers personalized resources to support you on your wellness journey
- Enroll in self-management programs on topics such as losing weight, quitting tobacco and managing stress
- Earn Blue PointsSM





Fitness Program

Nationwide network of fitness centers

- No contract required
- Earn Blue Points

Digital Only

\$10 Monthly fee
Digital Access Only

Base

\$19 Monthly fee
Network Size: 3,000

Core

\$29 Monthly fee
Network Size: 7,500

Power

\$39 Monthly fee
Network Size: 12,000

Elite

\$99 Monthly fee
Network Size: 12,400

Fitness Program

Find a gym by you:

1. Log into Blue Access for Members on www.healthselectoftexas.com.
2. Under Quick links on the left-hand side, click on Fitness Program.
3. Search by zip code under each tier to see what gyms are nearby.

The screenshot displays the 'Well on Target' website interface. At the top, there are navigation links: 'My Account', 'Learn More', 'Locations', 'FAQs', and an 'Enroll Now >' button. Below the navigation bar is a search bar with the placeholder text 'Search by address, city, or zip code'. Under the search bar, there are tabs for 'GYMS' and 'STUDIOS'. The 'GYMS' tab is active, and within it, there are sub-tabs for 'BASE', 'CORE', 'POWER', and 'ELITE'. The 'ELITE' sub-tab is selected. Below the sub-tabs, it says '25 Gym Locations Nearby' and 'Elite Tier has access to all following locations'. A list of gym locations is shown, including 'Life Time - Austin Downtown', 'Life Time - Austin - North', 'Anytime Fitness - Austin, TX 111', and 'Planet Fitness - Austin (W. Anderson Ln.)'. To the right of the list is a map of Austin, TX, with several gym locations marked with blue pins. A pop-up window on the map shows the zip code '12371' and the text 'GYMS NATIONWIDE' with a 'Select Package' button.

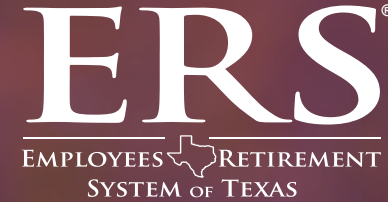
For Additional Assistance



**BlueCross BlueShield
of Texas**

BCBSTX Personal Health Assistants

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Saturday: 7 a.m. - 3 p.m. CT



Employees Retirement System of Texas

Call toll-free: **(866) 399-6908**
Monday–Friday: 7:30 a.m. - 5:30 p.m.
or online at **www.ers.texas.gov**



Questions

If your question is not answered today, email
BCBSTXSupport_ERSTeam@bcbstx.com
A BCBSTX representative will respond to your email.

Disclosures

Blue Points Program Rules are subject to change without prior notice. See the Program Rules on the Well onTarget Member Wellness Portal at wellontarget.com for further information.

The Fitness Program is provided by Tivity Health™, an independent contractor that administers the Prime Network of fitness centers. The Prime Network is made up of independently owned and operated fitness centers.

Sapphire Digital is an independent company that administers the HealthSelectShoppERS program for Blue Cross and Blue Shield of Texas (BCBSTX). BCBSTX makes no endorsement, representation or warranty regarding Sapphire Digital's administration of the HealthSelectShoppERS program. Information received through the HealthSelectShoppERS program is not meant to replace the advice of a health care professional, and decisions regarding the course and place of treatment remain with the member and his or her health care provider. Eligibility for rewards is subject to the terms and conditions of the HealthSelectShoppERS program. Active HealthSelect of Texas® and HealthSelect™ Out-of-State participants may be eligible for rewards.

In the event of an emergency, this service should not take the place of an emergency room or urgent care center. MDLIVE and Doctor On Demand doctors do not take the place of your primary care doctor. MDLIVE and Doctor On Demand are independent companies that provide Virtual Visit services for Blue Cross and Blue Shield of Texas. Virtual Visits, Powered by MDLIVE may not be available on all plans. Virtual Visits are subject to the terms and conditions of your benefit plan, including benefits, limitations, and exclusions. MDLIVE and Doctor On Demand operate and administer the Virtual Visit program and are solely responsible for their operations and that of their contracted providers. MDLIVE and the MDLIVE logo are registered trademarks of MDLIVE, Inc. and may not be used without written permission.

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Blue Cross and Blue Shield of Texas is not the administrator of pharmacy benefits. Please contact your employer for information.

Blue Cross and Blue Shield of Texas is the third-party administrator for HealthSelect of Texas® and Consumer Directed HealthSelect™

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a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association