



## 24/7 NURSELINE

## NURSES AVAILABLE ANYTIME YOU NEED THEM.

Health happens – 24 hours a day, seven days a week. When it happens to you or a loved one, you have a registered nurse standing by to help. Just call our 24/7 Nurseline.

Our nurses can answer your health guestions and help you decide whether you should go to the emergency room or urgent care center or make an appointment with your primary care provider (PCP). Call the 24/7 Nurseline toll-free at (800) 581-0368 (TTY: 711) whenever you or your covered dependents need answers to questions about health concerns, including:

- asthma,
- dizziness or severe headaches,
- cuts or burns.
- back pain,
- high fever,
- sore throat.
- diabetes and
- a baby's nonstop crying.

When you call, you will have access to an audio library of more than 1,000 health topics - from allergies to surgeries - with more than 500 topics available in Spanish.

Add the 24/7 Nurseline phone number -(800) 581-0368 (TTY: 711) - to your contacts today, because health happens, 24/7.





If you're not sure where to go for care, or you just have a question, call the 24/7 Nurseline to speak with a registered nurse toll-free at (800) 581-0368 (TTY: 711). Call any time, any day of the week.

For medical emergencies, call 911. The 24/ Nurseline is not a substitute for a doctor's care. Talk to your doctor about any health questions or concerns. Blue Cross and Blue Shield of Texas is the third-party administrator for HealthSelect of Texas\* and Consumer Directed HealthSelects\*\*. Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue

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